
Jamila O. Edwards
JOE

Online Course Builder
Website Curator
Copy Writer





JAMILA O. EDWARDS

Jamila O. Edwards is a wife and homeschool mom who has been writing for 20years and creating content for 10years. Her passion is helping others build the creative business of their dreams. She uses her years of experience creating beautiful graphics, creating websites and writing scripts to help her clients transform their ideas into reality.

SERVICES:

Course Creation
Website Curation
Social Media Graphics & Copy

PRICING:

Course Creation - \$800
Website Curation - \$800

Social Media Graphics & Copy
Packages starting at \$80

CONTACT:

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hello@jamilaoedwards.com

I am willing to negotiate package deals
and accept payment plans

CONTENTS

Social Media Graphics & Copy

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SOCIAL MEDIA GRAPHICS & COPY

All of my work is tailored to my clients needs. Whether you already have an aesthetic, logo, or color scheme in mind for your content or you're just starting and need help figuring out what fits your vision I can help.



INSTAGRAM POSTS

Hello & Welcome

I'm Jamila O. Edwards

- ♥ I'm a wife & homeschool mom to 3 boys.
- ♥ I'm a climate fiction writer and aspiring author
- ♥ I'm the podcast host behind Earth's Child Pod
- ♥ I make YouTube videos for fun
- ♥ My family is healing our relationship with the Earth one step at a time.
- ♥ I'm a witchy catholic that believes in the power of love and community



I'm currently working on an eco-fantasy trilogy and a climate themed contemporary romance.

Link's are in the bio

The common themes in my work include:

- ♥ Environmental/Climate Concerns
- ♥ Dismantling Systems of Oppression
- ♥ Healing, Hope & Renewal
- ♥ Community

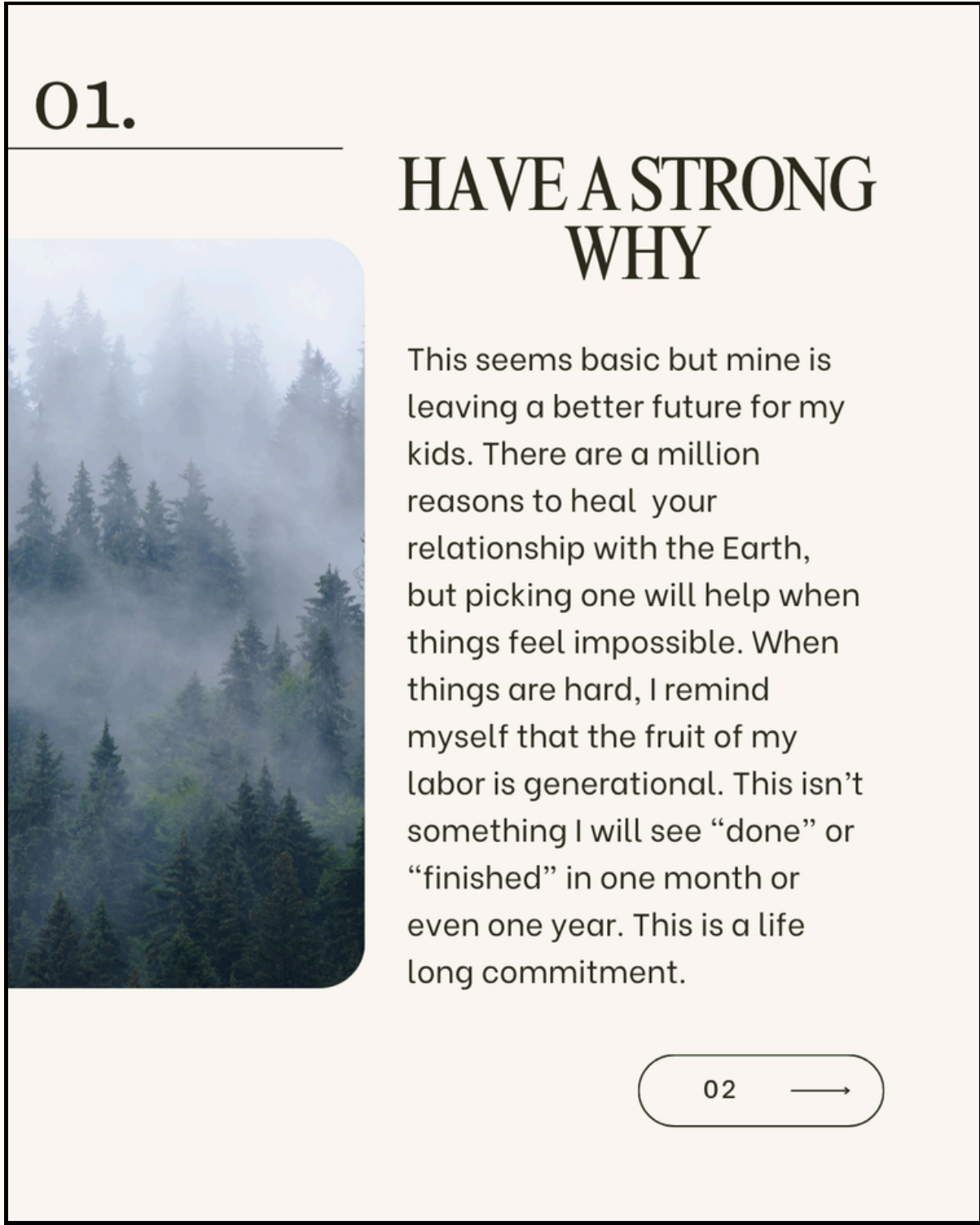
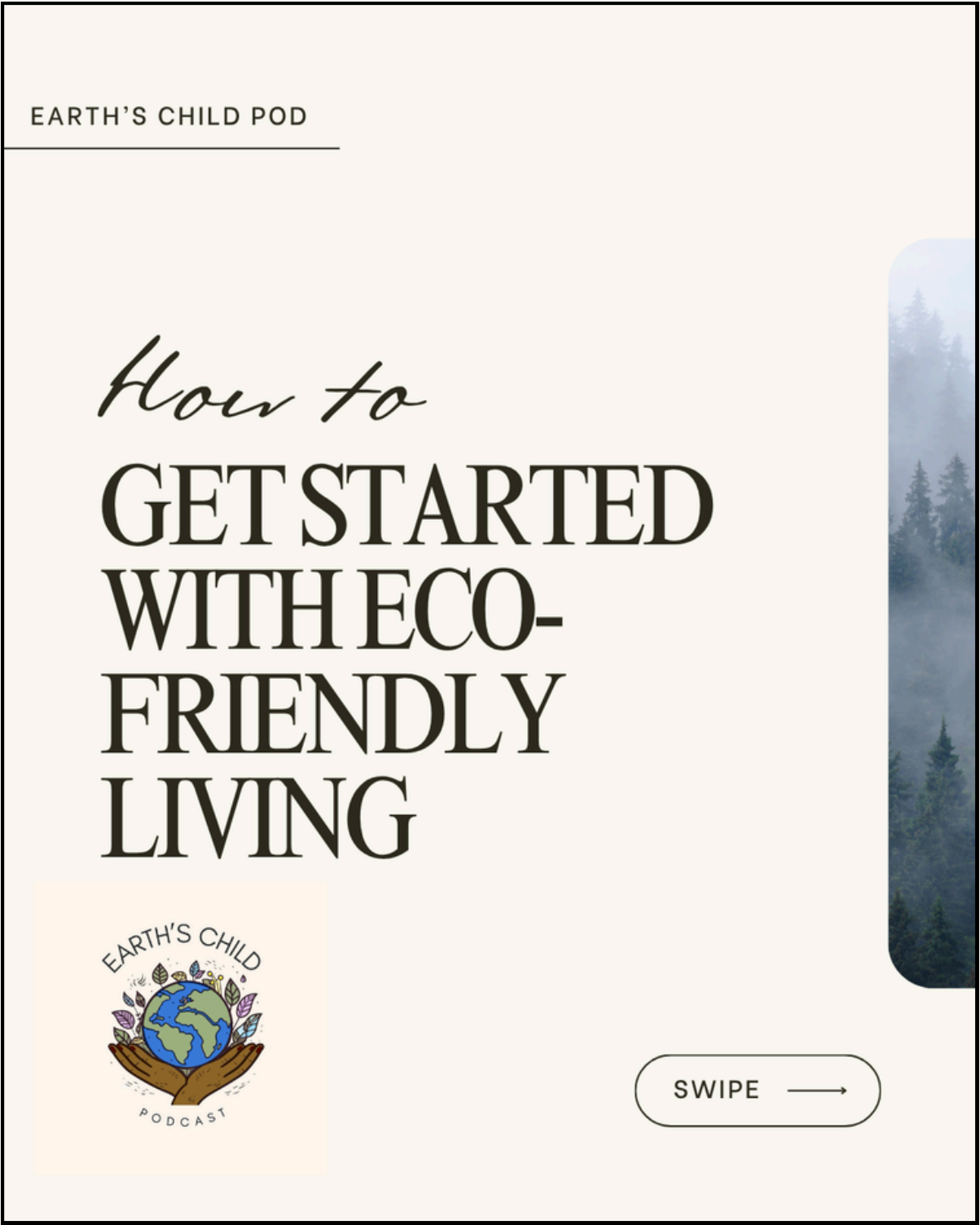
My Work.

Newsletter: Mothering & Manuscripts
Podcast & Blog: Earth's Child Podcast
YouTube: jamilaoedwards

Updates are always in my bio.



INSTAGRAM POSTS



INSTAGRAM POSTS



SUBSTACK ESSAYS

Want an example of my writing?
I write essays on my substack
about slow living, motherhood
and environmentalism.



SUBSTACK

I specified that this is a low waste Christmas DINNER because our Christmas is generally not low waste. The gifts, the wrapping paper, and endless Amazon deliveries prove that I still have a lot of work to do when it comes to the holidays. But around here, I think it's important to take things one step at a time.

A few weeks ago I shared that I was ready to ditch paper plates and plastic cups and silverware for our gatherings. I had a pretty plan and I was super excited to thrift some new plates and bowls. Now, Thanksgiving is over. My out of town family has gone back home. The Christmas tree is up, and it's time to start planning Christmas dinner. This is the perfect time to reflect and see what worked, what didn't, and how I can make it better for Christmas.



I went to the thrift store to hunt for plates and bowls. My goal was to get enough for a large gathering, something that was dishwasher safe, and something that would work for all seasons. I avoided anything that shouted Holidays because I intend to use these for birthday parties as well. To my surprise, I didn't find much of anything that was labeled dishwasher safe. Instead of ceramic plates, I found mostly fine china. I got it anyway. They didn't all match but I found things that complimented each other. I got two different sizes of plates and bowls so that some could be for meals and some would be for desserts or appetizers. (no I've never served appetizers in my life but we LOVE dessert) I also ended up with way more glass cups than we probably need. At first I worried about not having a china cabinet. When my grandmother passed I didn't take her old one, which was filled with dolls not china, because we didn't have the room. That is still true. But I trusted that I would figure that out later. It probably would have been less stressful and more cost effective to go to the thrift store multiple times and get a little at a time. Since I'm not a sane individual, I spent a ridiculous amount of money (we distracted the kids with the toy aisle) and got everything all at once. The built in's in our living room ended up being perfect for storage and it took little time to rearrange and make space.

Now for the particulars of Thanksgiving. I'll make a list. We love a list.

Things that went well

- We had more than enough plates and cups.
- Thank God, the china did just fine in the dishwasher on the delicate cycle.
- Everyone mostly understood the instructions. Food went into the compost. Plates and silverware stacked on the counter.
- I didn't need to run the dishwasher while we gathered.
- In the past we would have filled at least 2-3 trash bags by the end of the night. This year, we filled just ONE.
- Everyone had fun and felt like the plates were fancy.
- Clean up at the end of the night wasn't as bad as I thought it would be.

Things that didn't go well

- I waited until the last minute to put the plates in the dishwasher. The delicate cycle took longer than I intended. I didn't get every thing in but it worked out because we had less guests due to weather.
- I planned to have an empty sink full of hot water so everyone could stack their dirties in the sink. My sink was instead filled with pots and pans from last minute cooking. Everyone stacked their dirties wherever they could find room.
- We ran out of silverware and I had to pull out plastic cutlery. Thankfully we had some left over from another party. I thought I had my grandmothers good silver but when I opened the case I was shocked to find it only had 4 forks, no spoons, and a handful of butter knives. Where did they go? Not sure.
- I had soda and sparkling water in cans. Everything needs to be rinsed and dried before going in the recycle. It all went in the trash.
- Napkins still found their way into the recycle. While it is paper, we can't recycle soiled napkins. So I had to dig them out and sort them into the trash after everyone left.

What did I learn?

- I need to make the food earlier but if I'm being completely honest with myself, I always manage to be late to everything. So maybe the better solution would be to have a bus bin instead of expecting the sink to be empty.
- I need to get more silverware.
- Instruct everyone to put cans in the aforementioned bus bin.
- WASH EVERYTHING THE DAY BEFORE.
- I can't expect perfection from my guests, but everyone really did try their best. Digging a few napkins out of the recycle is not a big deal.

I'm incredibly thankful that we finally made the switch. It might feel like it's not a big deal in comparison to our Amazon Christmas lists (I'm coming for that next year!) but we saved two trash bags worth of junk from ending up in the landfill and we host all the holidays and birthday parties for our family at our house. That's a lot of trash in a year that we are now avoiding. Not to mention money spent on paper and plastic for each gathering. We still have a long way to go, but this is a WIN.

If you're interested in more information about regenerative living, I'm your girl! Feel free to drop any questions or thoughts you have down in the comments. I look forward to sharing more about our low waste adventures after the New Year!

BUSINESS IDEA VISION BOARD

If you need help with writing and graphics for another area of your business, I can do it. This client needed a vision board presentation for her business idea. After speaking with her about her idea, I wrote the copy and crafted the graphics.

Shared with permission.





Aminah Okantah

SEED

Support. Educate. Empower. Develop





Aminah Okantah

I'm a wife, mother of 5 and grandmother of 5. I love animals and wildlife, gardening and crafting. I'm proud to be a world traveler and life long learner.

My husband and I welcomed 3 glorious girls and terrific twin boys within 7 years.

It was during these beautiful yet challenging times I came to understand the truth of the African Proverb,

"It takes a village to raise a child"



Inspiration

My mom, Diana, was a dedicated nurse who found her passion with teenage moms. She became a CBE and devoted her time and energy in the greater Cleveland Area.



My passion to become a doula and CBE stem, not only from my mom, but my firsthand experience witnessing births on the labor and delivery floor. As I fell in love with the birthing process, I also began to learn about the racial disparities in maternal and infant health, particularly in the US.





I believe

Black women deserve a fair chance.

According to the CDC
“Black women die from pregnancy related causes at a rate 3-4 times higher than white women, regardless of education or income.”

After my experience working at hospitals and learning about the racial disparities in birthing care, I knew that I wanted to improve infant & maternal birth rates and decrease morbidity/mortality in African American Women



I believe

No woman should birth alone.

While working as a nurses assistant, I watched a young teen giving birth alone in the middle of the night. She was so heavily medicated, her baby was born with the help of forceps while she fell in and out of sleep. I was mesmerized by the miraculousness of watching a being enter this world, yet I felt dismayed that she had no one with her to comfort her.



These core beliefs led me to where I am today, and set the foundation for the Seed Community Center.

Introducing Seed Community Center

Support. Educate. Empower. Develop.



My community center is a safe space for African American women to become a part of a village that will support them through pregnancy and postpartum.

We not only provide services and connect women with resources, we are a community dedicated to improving the lives of the women we serve long term.



SERVICES

- Perinatal & Post Partum Doula
- Lactation Specialist
- Childbirth Education Classes
- Cultural Sensitivity
- Fitness
- Transportation Assistance
- Mental Health Resources
- Nutrition
- Family Planning



VILLAGE

We are dedicated to building a community that the women we serve can be apart of long term. We offer plenty of opportunities for friendship and sisterhood.

- Monthly Potluck
- Weekly Sister Circles
- Play Group
- Hikes & Organized Activities
- Community Garden
- Block Parties





**THANK
YOU**



WORK WITH ME!

I currently have slots open and would love to work with you to make your ideas come to life or help elevate you to the next level.

Book a free 30min consult with me to discuss how I can help you.

Website

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Email

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